



FOURTH JUDICIAL DISTRICT

HENNEPIN COUNTY VETERANS COURT PROGRAM

Participant Handbook

Fourth Judicial District Veterans Court Team
The Honorable Richard Hopper, Fourth Judicial District Court
300 South Sixth Street, C-8 Government Center
Minneapolis, MN 55487
Phone: 612.596.6626 • Fax: 612.596.8730
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Welcome to the Fourth Judicial District Veterans Court. We are here to help and support you in your goal to treat your behavioral issue and eliminate your involvement in the criminal justice system. Your participation in the program is one step in helping to alleviate the serious legal and social problems in our society. If you sincerely see the need to change your lifestyle by maintaining a sober, crime-free existence, we are confident you will be a successful participant in this program.

As we begin this journey together, I am hopeful that you will eventually come to realize, step-by-step, day-by-day, as you are completing this program, how your overall quality of life has improved.

Honorable Richard Hopper
Fourth Judicial District Judge

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Introduction

Mission Statement

The mission of the Fourth Judicial District Veterans Court Program is to promote public safety and assist and support veterans and their families by creating a coordinated response through collaboration with the veteran's service delivery system, community-based services, and the criminal justice system.

The Fourth Judicial District Veterans Court is designed primarily for people like yourself, those who have served in the United States Armed Forces who are experiencing treatable behavioral and chemical health issues. You enter the program by being placed on conditional release or by pleading guilty. The Judge will then sentence you, but may stay all or a portion of the sentence as long as you successfully complete the program.

As a person whose problems stem from behavioral and chemical health issues, this program is especially designed for you. As you enter this voluntary program that consists of enhanced supervision and treatment, you must be motivated to work toward changing your lifestyle and becoming free from alcohol and drugs.

In a nutshell, our mission is to help you help yourself. By reaching this goal, your life will become much more fulfilling and the community will benefit as a result. Our team is here to guide you through your recovery and believe you have the skills to reach that goal. Welcome to the Fourth Judicial District Veterans Court.

Program Rules

The rules of the program are simple. We believe that if you follow these rules you will succeed in this program.

1. **BE HONEST.** Of all the rules, this is often the most difficult. The Team expects you to be honest at all times, in all areas of your life. If you lie, cheat, or steal your way through this program – you will not succeed. This includes lying to any member of the Team, attempting to conceal your drug/alcohol use, tampering or diluting your urine to hide your drug/alcohol use and not accepting responsibility for your actions.
2. **TAKE OWNERSHIP.** When you do something contrary to the rules, own up to it and accept the consequences. This is not an easy program and you may make mistakes. We expect you to live up to those mistakes and learn from them. Taking ownership also includes the positive things you are doing to succeed in this program. When you do something right, whether it is turning down a drink, getting a job, or simply showing up on time for court, take pride in the fact that you are the one making the choices to succeed.
3. **SHOW UP.** It is vital that you show up on time for all of your appointments, which includes: court, probation officer contacts, treatment, and any other auxiliary services you may use in this program.

Cost of the Program

The program is no more expensive than if you remained in the regular court system and on traditional probation. That is one of the benefits of being in a program with individualized and intensive services. There are a variety of expenses that include the possibility of alcohol monitoring fees and a correctional service fee if you are placed on probation.

1.) *FEES:*

Treatment costs will vary depending on your insurance (if any), and the agency providing your treatment.

Restitution. As part of your offense(s), restitution may have been ordered. If so, you are obligated to repay the victim the amount ordered as part of your program expectations.

Fines: In most cases, the law requires the judge to impose a fine of at least \$900, plus a surcharge. Do not be discouraged, the judge may suspend part of that fine.

A payment plan will be arranged in the early stages of the program. It is expected that you will maintain regular payments throughout the program.

Treatment

As a participant, you are required to have a treatment plan upon entering the program. This plan will specify what type of treatment you need. In determining your treatment plan, it is necessary for you to be honest about your situation. It is also vital that you show up for the appointment on time.

Once a placement is recommended, you will be obligated to complete treatment, including aftercare and all other recommendations of the treatment plan as part of the program. We will do our best to place you in a treatment program that fits your needs. The primary goal of the program is the treatment of mental health issues. The Team will be communicating with your counselors to discuss your progress and attendance. If you do not believe you need treatment or are not willing to put forth the effort needed to complete treatment, you do not belong in this program.

Veterans Court Team

The Fourth Judicial District Veterans Court Team is key to your success by using the TEAM approach. The Team consists of the Judge, County Attorney, City Attorney, Defense Attorney, Probation Officer, Chemical Health Assessor, Treatment Providers, Victim Advocate, Veterans Court Coordinator, District Court Manager, Veterans Service Officer, Minneapolis Veterans Affairs Medical Center, and **YOU**. You are the main player. The rest of us are here to support you.

Volunteer Mentor Role Description

The role of the Volunteer Veteran Mentor is to act as a coach, guide, role model, advocate, and a source of support for the individuals s/he is working with. The mentor is intended to support the mentee as s/he progresses through the court process. This includes listening to the concerns of the veteran and making general suggestions, assisting the veteran determine what their needs/goals are, and acting as a support for the veteran at a time when they may feel alone in a way that only another veteran can understand. It is the main role of the mentor to support the mentee through their goals and throughout the court system.

Case Reviews and Court Hearings

Case reviews are held weekly and Court reviews are held each Monday afternoon at 1:30 p.m. (excluding holidays). The Team will meet prior to court to review each case. These reviews are held to assess how each participant is doing in the program.

You are required to attend all court hearings and be on time. Present at the hearing will be members of the Team along with other program participants. The Judge will review your progress with you and members of the Team to determine what rewards, sanctions, or adjustments may be appropriate.

You are encouraged to ask the Judge any questions and voice any concerns you may have about your program. At the end of the hearing you will be told when to come in for your next review. It is your responsibility to keep track of these important dates as you will receive no notices in the mail.

Reporting Days

Participants in the program are expected to report to their Probation Officer on their assigned report days and times. Depending on your status in the program, contacts with your Probation Officer can vary. The possible places of contact include reporting directly to the probation office, home, work, school, or any other place you may be. In this program, contacts will be made by your Probation Officer or any other member of the Team. You should be prepared to show proof of any other meetings or appointments you attended or will be attending.

If you have changes in your life such as address, roommates, employment, etc., you need to inform your Probation Officer prior to any such change. We understand that certain unexpected things arise. If this is the case, you need to notify your Probation Officer immediately upon any change in your life. It is not OK to wait until your next reporting day. If you are planning to be away from your residence for more than a 24-hour period of time, you must have prior approval from your Probation Officer.

Participants who require psychotropic medication monitoring are referred to the PRISM (Providing Resources and Integrating Services to the Mentally Ill) Center. The program is collaboration between the Courts, Community Correction & Rehabilitation, Human Services-Public Health, and the doctors at the Hennepin County Medical Center. PRISM serves as a reporting center, medication dispensing/monitoring site, and one stop access to social services for mentally ill persons under the supervision of the Veterans' Court. If this is required, you will have reporting requirements.

Employment

As part of the program, you are required to obtain/maintain employment.

If you lose your job while in the program, you will be given a time frame to secure another job. While searching for employment, you may be required to participate in job training or community service.

The Team will routinely verify employment through contact with the employer or copies of paycheck stubs. We strongly encourage you to notify your employer of your participation in the program, including the required court appearances and other appointments.

Alcohol and Drug Screens

Participants are required to take regular alcohol and drug screens while in the program. Screenings could occur 1-2 times per week, possibility more. As you move forward in the program, the testing will occur less frequently.

ALCOHOL SCREENS: The Fourth Judicial District Veterans Court will use four different methods to screen for alcohol.

Personal Breath Tests (PBTs): PBTs will be administered on regular basis by law enforcement or probation. There is no cost for this test.

Ethyl Glucuronide (EtG): The Fourth Judicial District Veterans Court has the ability to test for alcohol through a urine test (EtG). There is no cost for this test, unless you challenge the results. That would be an additional cost to you.

Alcohol Monitoring: The Fourth Judicial District Veterans Court will be utilizing new technology that tests for alcohol in your system through the use of an ankle bracelet. This method is called Secure Continuous Remote Alcohol Monitoring (SCRAM). When you are placed on SCRAM, you will wear a monitor on your ankle that tests the sweat from your skin for the presence of alcohol.

Ignition Interlock Device: This device is installed in the car and is used to detect alcohol use for the driver. An ignition interlock is a device that offenders blow into that detects alcohol. The car will not start if it detects a measurable amount of alcohol. There are also rolling re-tests throughout the offender's drive. If any violations occur, you need to contact your probation officer within 24 hours so that arrangements can be made for alternative testing. Sanctions by the Department of Motor Vehicles as well as the court may be imposed for violations.

DRUG SCREENS: The Fourth Judicial District Veterans Court will be utilizing urine tests to detect the presence of illegal drugs in your system. These tests will be conducted on a random basis. A variety of drugs can be detected by the lab. All positive tests will be run twice to ensure the accuracy of the test. All screens that return positive results on both tests will be considered positive for the presence of that drug(s). There are no charges for these tests; however, if you wish to challenge the validity of these tests then it will be at your expense.

Any attempt to dilute your urine with fluids or other products, or failure to submit, will be treated as a positive urine screen. **This will not be tolerated by the Team and you will be terminated from the program.** If you think you will test positive, notify your Probation Officer before you test.

Incentives and Sanctions

Sanctions

Sanctions are the imposition of a consequence, perceived as negative by the receiver, as a direct result of a prohibited activity, and may include any of the following listed below:

Sanctions

Procedure: If the client does not comply with treatment plan or rules, court orders, terms and conditions of probation or other aspects of supervision, the Judge may impose sanctions including:

- Warnings or admonishments from the bench
- Donation of bus cards
- Donation to local veterans service providers
- Increased drug Testing
- Write an essay on a Veterans Court related topic as identified by a Veterans Court team member, which must be read aloud in at the next appearance.
- Increased participation in self help meetings
- Increased treatment including but not limited to intensified Chemical Dependency treatment (outpatient to residential), treatment extensions or increased therapy sessions.
- Community service
- Sentence to Service
- Lengthening periods of incarceration
- Termination from the program

Incentives

Incentives are responses to compliance, perceived as positive by the receiver, and may include any of the following listed below:

Incentives

Procedure: If the client complies with all the aspects of his/her probation and individualized treatment plan and his/her progress indicates marked improvement such as successful completion of treatment/therapy, the Judge may recognize the client's success with rewards such as:

- Praise, acclaim or recognition
- Ceremonies or awards
- Gift cards/gift certificates
- Assistance in paying application fees for educational/vocational training
- Reduction or suspension of fines
- Phase advancement
- Bus cards
- Sobriety tokens and medallions
- Graduation from the program

Phases/Termination & Graduation Criteria

Phases are the steps identified by the Veterans' Court Team through which clients must progress in order to complete the program. The expected length of the program is 18 months with 12 months of participation/6 months of mentoring.

Termination criteria are the guidelines used to release offenders from the program.

Graduation criteria are the guidelines used to identify how offenders can successfully complete the program.

Orientation Phase or Conditional Release:

Description: This could be an orientation phase for newly sentenced clients or clients on conditional release could start in this phase as well. Minimum of 30 days.

Requirements of the phase:

- Maintain contact with probation as directed.
- Attend all appointments with Veterans' Services Officer/other service providers.
- Submit to drug/alcohol testing as ordered by probation.
- Attend court appearances.
- Remain law abiding.
- Compliance with initial treatment plan as outlined by probation and the Veterans' Services Officer.

Advancement Criteria:

- Maintained regular contact with probation.
- No positive drug or alcohol tests for at least 30 days.
- Attend scheduled services and appointments and no misses for 14 days.
- Attend all court appearances.
- No new criminal charges.
- Initial treatment plan is developed.
- Present treatment plan to Court.
- Agree to participate in the Veterans' Court program.

Phase 1:

Description: Treatment plan development. Minimum of 90 days.

Requirements of the phase:

- Maintain contact with probation.
- Attend all appointments with Veterans' Services Officer/other service providers.
- Follow the individualized treatment plan developed with your probation officer and Veterans' Services Officer.
- Submit to drug/alcohol testing as ordered by probation.
- Attend court reviews every other week.
- Complete 5 hours of community service.
- Involvement with a Veterans' Court mentor.
- Compliance with restitution if applicable.

Advancement Criteria:

- Contact with probation at least one time weekly.
- Submitted UA's as directed.
- Compliance with all aspects of your individualized treatment plan for at least 1 month.
 - No missed appointments for 1 month.
- Attend all court appearances.
- Complete 5 hours of community service.
- Contact with your mentor at least twice a month.
- Petition to Phase II– present progress on treatment plan and charges.

Phase 2:

Description: Ongoing treatment plan. Minimum of 120 days.

Requirements of the phase:

- Maintain contact with probation every other week.
- Attend all appointments with Veterans' Services Officer/ other service providers.
- Follow the individualized treatment plan developed with your probation officer and Veterans' Services Officer.
- Submit to drug/alcohol testing as ordered by probation.
- Attend court reviews every three weeks or as determined by the Veterans' Court Judge.
- 10 hours of community service.
- Involvement with a Veterans' Court mentor.
- Compliance with restitution if applicable.

Advancement Criteria:

- Contact probation at least every other week.
- No positive drug/alcohol tests for 90 days.
- Compliance with individualized treatment plan and no missed appointments/treatment sessions for 60 days.
- Complete 10 hours of community service.
- Contact with your mentor at least twice a month.
- Petition to Phase III– present progress on treatment plan and changes.

Phase 3:

Description: Stabilization phase. Minimum of 120 days.

Requirements of the phase:

- Maintain contact with probation every three weeks.
- Attend all appointments with Veterans' Services Officer/other service providers.
- Follow the individualized treatment plan developed with your probation officer and VA Services Coordinator.
- Submit to drug/alcohol testing as ordered by probation.
- Attend court reviews every three weeks or as determined by the Veterans' Court Judge.
- 15 hours of community service.
- Regular contact with Veterans' Court Mentor.
- Be employed/actively job seeking or making progress toward educational goals.
- Develop a continuing care plan with your probation officer/Veterans' Services Officer in conjunction with treatment providers etc.
- Stable/sober housing.
- Compliance with restitution if applicable.

Advancement Criteria:

- Contact probation at least every other week.
- Compliance with individualized treatment plan and no missed appointments/treatment sessions for 60 days.
- No positive drug/alcohol tests for 120 days.
- Complete 15 hours of community service.
- Contact with your mentor at least twice a month.
- Employment/education
- Stable housing (can be a halfway house).
- Making payments toward restitution if applicable.
- Present Continuing care/stabilization plan to the Court.

Phase 4:

Description: Transition to graduation. 1-6 months depending on resolution of the case.

Requirements of the phase:

- Maintain contact with probation as directed.
- Attend all appointments with Veterans' Services Officer/ other service providers.
- Follow the stabilization plan developed with your probation officer and Veterans' Services Officer.
- Submit to drug/alcohol testing as ordered by probation (less frequency 1x month random).
- Attend Veterans' Court mentor orientation.
- Become a Veterans' Court Mentor.
- Be employed/actively job seeking or making progress toward educational goals.
- Stable/sober housing.
- Payment of all court/probation fees.

Advancement Criteria:

- No positive drug/alcohol tests for 6 months.
- Compliance with stabilization plan and no missed appointments/treatment sessions for 60 days.
- Regular involvement with Veterans' Court mentee.
- Employed or pursuing educational goals.
- Graduation request and speech.

Individualized treatment plan can include but is not limited to substance abuse treatment, individual/group therapy, self help groups, mental health and medical appointments, medication monitoring, domestic abuse group, involvement with additional evaluations (i.e.) neuropsych and family therapy.

Stabilization plan is a continuing care plan clients will develop to demonstrate that they can stay sober, address their mental/physical health needs etc. after they complete the program.

Hennepin County Veterans' Court Requirements

- Remain law abiding
- Do not use or possess firearms
- No use of alcohol or illegal drugs
- Attend all court appearances and be on time
- Comply with treatment plan as outlined by probation and Veterans' Services Officer (e.g. mental health, substance abuse, domestic violence or anger management)
- Maintain contact with probation
- Submit to drug and alcohol testing as ordered by the Court and directed by probation
- Cooperate with unscheduled home visits by probation and law enforcement
- Use one doctor and one pharmacy for prescription drugs
- Pay fines and fees ordered by the Court
- Do not function as a police informant while involved in the program
- Reside in the metropolitan area with accessibility to the Court, probation and VA services
- Inform the court of address changes
- Complete required community service or participation in restorative justice programming
- Agree to work with an assigned mentor
- Pay restitution, if ordered
- Attend self help or community support groups such as AA, CA, NA, as ordered
- Participate in training and education, as ordered
- Maintain employment or actively seeking employment or making progress toward educational goals
- Secure stable and sober housing
- Adhere to a curfew, as ordered
- Be respectful of Veterans' Court staff and property

Graduation

Graduation Criteria

Clients must complete all five phases, meeting the requirements of each phase in order to move to the subsequent phase and have participated in the program for a minimum of 18 months in order to be eligible for graduation. Any exceptions to this must be approved by the Veterans' Court Team and Judge. Near the end of Phase III, clients are expected to complete a stabilization plan, which outlines how they will continue to be successful after they complete the program. This plan has to be approved by the Veterans' Court Team prior to the client advancing to the fourth phase. During phase IV, clients will work this plan and demonstrate they are ready for graduation, as well as participate in mentoring another Veterans' Court participant. Once a client has completed a minimum of 6 months in phase IV, they are eligible for graduation. While post-conviction graduates are no longer required to appear in Court, they remain on administrative probation and are expected to abide by the conditions of that probation.

Graduation Requirements

Each client must meet the following minimum requirements prior to graduating:

- Have at least 6 months of current, continuous sobriety.
- Complete treatment and aftercare outlined in treatment plan.
- Complete 30 hours of community service
- Have no pending criminal charges.
- Be involved as a Veterans court mentor for at least 6 months
- Pay all program fees, fines and restitution

Termination

Unsuccessful Completion

Termination from the Veterans' Court program generally occurs only after graduated sanctions have been imposed, and the participant continues to disregard the rules of the Court.

Examples of continued disregard for program rules include but are not limited to; absconding from any residential/inpatient treatment facility, failing to attend treatment/therapy, repeated positive drug/alcohol tests, tampering with drug/alcohol tests, providing a urinalysis for another participant, or committing one of the prohibited offenses. Upon unsuccessful completion of the program, the participant is brought back in front of the Court for formal probation violation proceedings. The client is provided all rights and opportunities as any other individual facing a formal probation violation, which includes a Morrissey hearing. If found guilty of the violation, it will, in all likelihood, result in probation revocation.

Grounds for Termination

- a. A defendant may be terminated at any time during the above process. Consistent failure to follow court conditions and failure to remain law abiding are grounds for termination.
- b. The Veterans' Court Team shall make the final decision on all acceptances, rejections, graduations, and terminations.

Resources

Appendix A Veterans' Court Treatment Providers

Abbott Northwestern Hospital's
Out-Patient Behavioral Health Services
800 East 28th Street
Minneapolis, MN 55404
(612) 863-5327

African American Family Services -
Counseling Services
100 West Franklin Avenue
Minneapolis, MN 55404
(612) 813-0782

Associated Clinic of Psychology
Lake Pointe Corporate Center
3100 West Lake Street
Suite 210
Minneapolis, MN 55416
(612) 925-6033

Chicanos y Latinos Unidos En Servicio
(CLUES)
2700 East Lake Street
Suite #1160
Minneapolis, MN 55405
(612) 871-0200

Community-University Health Care Center
2001 Bloomington Avenue South
Minneapolis, MN 55404
(612)638-0700

Fairview University Medical Center
Riverside Campus
Out-Patient Behavioral Health Services
2312 South 6th Street
Minneapolis, MN 55454
(612) 672-6600

Family & Children's Services
414 South 8th Street
Minneapolis, MN 55404
(612) 339-9101

Genesis II for Families
Dr. Reena Pathak PsyD, LP
3036 University Avenue S.E.
Minneapolis, MN 55414
(612) 617-0191
Adaptive testing also available
(Accepts all insurance providers and M.A.)

Hamm Memorial Psychiatric Clinic
408 St. Peter Street
Suite 429
St. Paul, MN 55102
(651) 224-0614
(Insurance/M.A./Sliding fee scale)

Hennepin County Human Services &
Public Health Department
Mental Health Clinics
** 1800 Chicago Avenue South
Minneapolis, MN
** 3300 Bass Lake Road/Suite 400
Brooklyn Center, MN
(612) 347-6017

Hennepin County Medical Center
Acute Psychiatric Services
(Crisis Intervention Center)
701 Park Avenue South
Minneapolis, MN 55415
(612) 347-3161

Hennepin County Mental Health Center
Nicollet Exchange II Building
1801 Nicollet Avenue South
Minneapolis, MN 55404
(612) 596-0900
(Insurance/M.A./Sliding fee scale)

Hennepin Faculty Associates
701 Park Avenue South
Minneapolis, MN 55415
(612) 347-2491

Indian Health Board of Minneapolis
1315 East 24th Street
Minneapolis, MN 55404
(612) 721-9800

Indian Health Board of Minneapolis, Inc.
1315 East 24th Street
Minneapolis, MN 55404
(612) 721-9800
(Insurance/M.A./Sliding fee scale)

Jewish Family & Children's Services
13100 Wayzata Boulevard
Suite 400
Minnetonka, MN 55305
(952) 546-0616
(Insurance/M.A./Sliding fee scale)

Lutheran Social Services
2414 Park Avenue South
Minneapolis, MN 55404
(612) 871-0221

Neighborhood Involvement Program
2431 Hennepin Avenue South
Minneapolis, MN 55405
(612) 374-3125
(Insurance/M.A./Sliding fee scale - No
one is turned away)

NorthPoint Mental Health Center
1313 Penn Avenue North
Minneapolis, MN 55411
(612) 302-4747
(Insurance/M.A./Sliding fee scale)

Open Cities Health Center
409 North Dunlap Street
St. Paul, MN 55104
(651) 290-9200
(Insurance/M.A./Sliding fee scale/Free)

Pyramid Counseling Center
830 Boone Avenue North
Golden Valley, MN 55427
(763) 746-2400
(Insurance/M.A./Sliding fee scale)

Relate Counseling Center
15320 Minnetonka Boulevard
Suite 200
Minnetonka, MN 55345
(952) 932-7277
(Insurance/M.A./Sliding fee scale)

University of St. Thomas
Interprofessional Center for Counseling
& Legal Services
(651) 962-4820
(Free)

Walk-In Counseling Center
2421 Chicago Avenue South
Minneapolis, MN 55404
(612) 870-0574
Psychological assessments are
sometimes available
(Free)

West Side Community Health Services
153 Cesar Chaves Street
St. Paul, MN 55107
(651) 222-1816
(Insurance/M.A./Sliding fee scale)

**Indicates these providers conduct
psychiatric evaluations**

**Indicates these providers conduct
psychological evaluations (These providers
may not have psychiatric services)**

Fourth Judicial District Veterans Court Participant Agreement

Appendix C Participant Agreement

STATE OF MINNESOTA
COUNTY OF HENNEPIN

DISTRICT COURT
FOURTH JUDICIAL DISTRICT

State of Minnesota

Case # 27-CR _____

v.

SILS # _____

Charge _____

Hennepin County Veterans' Court Participant Agreement

The purpose of the Hennepin County Veterans' Court is to promote public safety and assist and support veterans and their families by creating a coordinated response through collaboration with the veteran's service delivery system, community-based services, and the criminal justice system. I have been offered and have accepted the opportunity to participate in this program.

I, _____, VOLUNTARILY AGREE TO THE FOLLOWING:

1. I will attend and complete any treatment program and/or support group, including AA/NA that I am referred to by the Court. I agree to be supervised by persons designated by the Court. I will obey all rules of the treatment program and/or support group, provide verification of my participation, and pay all required fees.
2. I will submit to urine, breath and other drug testing as ordered by the Court. I will not manipulate the results of any testing of me. I will control the intake of fluids so as not to dilute any urine sample. I will cooperate during random home visits by probation officers, police officers, or other authorized agencies, including breath testing and cursory searches of my person and residence.
3. I will appear for all court dates, treatment meetings, probation officer meetings, classes or other scheduled appointments as ordered by the Court, and I will be on time.
4. I will comply with the terms and conditions of my sentence and any other rules designated by Probation or members of the Team. I will read the Veterans' Court participant handbook and abide by the rules in the handbook.
5. I agree to keep the Court and treatment providers informed of my current address and phone

number(s) and to report all address and phone changes to my probation officer before I make the changes.

6. I will not use or possess alcohol or any mood-altering substances while participating in the program. Furthermore, I understand that I must have prior permission from Court staff before taking any prescribed medication. I will provide verification of prescriptions to my probation officer before any use of medication. Except in the case of a life-threatening medical emergency, I will only use one physician, one pharmacy, and one hospital while in Veterans' Court and I will advise any health care professionals who treat me that I am chemically dependent.
7. The Court may impose immediate sanctions for non-compliance with conditions of the program.
8. I understand I have the right to a formal hearing before sanctions are imposed.
9. I agree to the terms set forth by the Hennepin County Veterans' Court, and understand that if I do not follow the Court rules I will be terminated from the program. I have received a copy of this Participant Agreement and the Participant Handbook and agree to its terms and conditions. I also understand that full compliance will fulfill the original Court order and may result in early termination of my probation or placement on administrative probation.

DATE _____
 Defendant

DATE _____
 Defendant's Attorney

HC3769 (03/09) White – Court Canary-Probation Pink- Defense Counsel
 Goldenrod- Prosecutor

EtG (Ethyl Glucuronide Agreement)

DWI COURT URINE ABSTINENCE TESTING AND INCIDENTAL ALCOHOL EXPOSURE CONTRACT EtG Agreement

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances, exposure to non-beverage alcohol sources can result in detectable levels of alcohol (or its breakdown products). In order to preserve the integrity of the DWI Court testing program, it has become necessary for us to restrict and/or advise Drug Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol. It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them. **Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.**

Cough syrups and other liquids medications: DWI Court participants have always been prohibited from using alcohol-containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. DWI Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your case manager before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and wine: Although legally considered non-alcoholic, NA beers (e.g. O'Douls®, Sharps®) do contain a residual amount of alcohol that may result for alcohol, if consumed. DWI Court participants are **not** permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginkgo Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read carefully the labels on any liquid herbal or homeopathic remedy and do not ingest without approval from your case manager.

Mouthwash and Breath Strips: Most mouthwashes (Listermint ®, Cepacol ®, etc) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl alcohol can produce a positive test result. DWI Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by DWI Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your case manager.

Hand sanitizers: Hand sanitizers (e.g. Purell ®, Germex ®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water are just as effective for killing germs.

Hygiene Products: Aftershaves and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off ®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court requires DWI Court participants to regulate their fluid intake to avoid dilute urine sales, it is likewise incumbent upon each participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers. Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, DWI Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, *you need to discuss this with your Case Manager.* Do not wait for a positive test result to do so.

REMEMBER- WHEN IN DOUBT, DON'T USE, CONSUME, OR APPLY.

I have read and understand my responsibilities:

Participant

Date

*Moving the Mountain begins
by carrying away small stones.
-William Faulkner-*

This Book Belongs To:

Name _____

Treatment Program _____

Counselors Name _____

Phone number _____

Sponsor's Name _____

Phone number _____