

Clatsop County Treatment Court

PROGRAM PHASES

The Stages of Change model shall be used to assess a Participant's progress through the program and the program phases. Stages of Change are described as:

- Precontemplative
- Contemplative
- Preparation/Determination
- Action
- Maintenance

Phase I (0-3 months) Intake, assessment, referral to treatment, medication review, complete action plans.

1. Participant must tell the truth
2. Participant must follow the Treatment (Mental Health) Court rules
3. Four weeks of continuous documented clean UA's
4. Complete assessments and treatment plans with all treatment providers
5. Take all medications as prescribed for four weeks consecutively
6. Complete LSCMI and case plan with PO
7. Complete Clatsop County Treatment (Mental Health) Court Rating Scale
8. Contemplative Stage of Change or better

Phase II (4-6 months) Stable involvement in appropriate treatment programs, medication taken as prescribed, and complete action plans.

1. Participant must tell the truth
2. Participant must follow the Treatment (Mental Health) Court rules
3. Eight weeks of continuous documented clean UA's
4. Follow through with treatment recommendations and have eight weeks of continuous attendance in prescribed treatment programs
5. Take all medications as prescribed for eight weeks
6. Compliance with supervision conditions
7. Complete the Clatsop County Treatment (Mental Health) Court Rating Scale
8. Participate in updating treatment plan and case plan
9. Preparation/Determination Stage of Change or better

Phase III (7-9 months) Focus on independent motivation to continue engagement in treatment, medication management, and complete action plan.

Team will monitor compliance regarding other aspects of probation. Team may modify Treatment (Mental Health) Court reporting requirements.

1. Participant must tell the truth
2. Participant must follow the Treatment (Mental Health) Court rules
3. 90 days of continuous documented clean UA's
4. Follow through with treatment recommendations and have eight weeks of continuous attendance in prescribed treatment programs
5. Take all medications as prescribed for eight weeks
6. Compliance with supervision conditions
7. Complete the Clatsop County Treatment (Mental Health) Court Rating Scale
8. Participate in updating treatment plan and case plan
9. Action Stage of Change or better

Phase IV (10-12 months) Participant in the Maintenance Stage of Change. Graduation

1. Participant must tell the truth
2. Participant must follow the Treatment (Mental Health) Court rules
3. 90 days of continuous documented clean UA's
4. Follow through with treatment recommendations and have eight weeks of continuous attendance in prescribed treatment programs
5. Take all medications as prescribed for eight weeks
6. Compliance with supervision conditions
7. Complete the Clatsop County Treatment (Mental Health) Court Rating Scale
8. Participate in updating treatment plan and case plan
9. Action Stage of Change or better

Phases may be extended or repeated if Participant is not compliant with treatment, medication, action plan or probation requirements.

GRADUATION

Participant must complete all four phases successfully, be in compliance with conditions of supervision, be clean and sober for at least 90 days, be in the Action or Maintenance Stage of Change, and be in compliance with all treatment providers.

****Please note that the Clatsop County Treatment (Mental Health) Court Team does not view this document or the program as a static process, but rather, an evolving document and process that tailors the program to effectively meet the needs of the individuals in the program. The Clatsop County Treatment (Mental Health) Court Team shall meet quarterly to assess compliance with The Key Components of Drug Courts, review client assessments, and modify the program to comply with CJC assessor and Steering Committee recommendations.**