

## MIT Court Review Checklist

Here is a list of the three main things all new participants need to get started. Feel free to identify specific examples of how you organized your time when starting to complete these tasks for the program. Don't push anyone to completing anything. Offer advice and support. If they feel confident in their ability to complete all tasks, or share that they already have significant time clean and sober don't review this in too much detail.

Take about 5-10 minutes meeting with each participant.

### 1. Outpatient Treatment

- a. Let's identify a date that you can call Community Recovery Resources to begin treatment.
  - b. Do you have the phone number? (Auburn: 530-885-1961; Roseville: 916-787-8834)
  - c. If you already have an intake scheduled let's make sure to write it down.
  - d. Here is the drop-in group schedule for Roseville. You can start attending the highlighted groups at any time. (Mothers attend MIR T,W,Th in the AM. All others M,T,Th in the PM).
- \*Feel free to provide any tips or specific situations you experienced related to treatment.

### 2. Self-help Meetings

- a. Regardless of program requirements, how many meetings per week do you feel you should be attending?
  - b. Have you attended any meetings or found one that fits you?
  - c. Let's identify a few days in your planner that you are free to attend meetings.
  - d. Let's look at these meeting schedules and find a good one for your schedule.
- \*Feel free to provide any tips or specific situations you experienced related to meeting attendance

### 3. Testing

- a. When do you start testing?
  - b. Which test site will you be going to? Auburn or Roseville?
  - c. Let's write down the test days and hours of operation in your planner
- \*Feel free to provide any tips or specific situations you experienced related to testing.

Allow them to ask questions of you related to starting the program. Wish them the best of luck and explain that if they need additional peer support to ask their case manager to have you call them.